



## Scott R. Thompson

January 2, 1961 - November 27, 2019

Scott Thompson died on November 27, 2019 at the age of 58 from complications of Cystic Fibrosis.

Scott was born in Tucson at St. Mary's Hospital. His childhood was spent in Tucson until 1973 when his family relocated to Butte, Montana. After 4 years in Butte, he moved to Great Falls where he graduated from CM Russell High School. After graduating from the University of Montana with a B.S. in Recreation Management, he returned to Tucson where he began his health and fitness focused career.

In December of 1984, Scott married the love of his life, Janet. Together they started Arizona Health in 1985. Scott was passionate about exercise and fitness. His passion guided the business to selling exercise equipment as well as providing personal training to several high-profile clients and prominent members of the community. Scott's good friend, Lamonte Hunley, joined Arizona Health as his business partner in 1992. After Scott's diagnosis of CF in 2014, Lamonte carried on Scott's vision for Arizona Health.

Scott was an avid, lifelong sports fan. While he always cheered for his alma mater and supported the Grizzlies, he also loved the Wildcats and never missed an opportunity to Bear Down.

Scott's greatest strength was his ability to make and keep friends. To be a friend of Scott meant to be his brother or sister. From his childhood friendships to his SAE brothers to those he met throughout his life, they were all cherished.

Scott was preceded in death by his grandparents, Andrew and Regina Thompson; and Ralph and Eva Scalpone; his father Robert Thompson; his mother Barbara Malmquist; and his father-in-law Neil Keefer.

He is survived by his wife Janet, sister Bonnie Storrs, brother Victor (Christina) Thompson, step-brother Bill (Doris) Malmquist, step-sister Rebecca New, step-father David

Malmquist, mother-in-law Winifred Keefer, sister-in-law Judy (Lorin) Bromeling. Scott loved his nieces and nephews and prided himself on being the best uncle ever to Brittni (Ben) Rawlins; Marissa Storrs; Taylor, Makayla, and Elle Thompson; Jennifer (Dallas) Trygstad; Kristy (Cody) Welbig; Kyle (Katelyn) Young; Priscilla New; Autumn Malmquist; as well as his grand nieces and nephews Neil, Nora, Mac, and Brayden.

Services will be held on Tuesday, December 10, 2019 at 2:00 p.m., St. Francis in the Foothills UMC, 4625 E. River Road Tucson, AZ. In lieu of flowers, donations can be made to the Cystic Fibrosis Foundation, <https://www.cff.org/give-today/>.

# Comments

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“ I never had the chance to know Scott well. By the time he and Janet married, I had moved far away and our encounters were rare. What I did know was how happy he made Janet and the rest of her family. When he and Janet were apart, he always took the time to call her and send her gifts, even if she was away for only a few days. The look in her eyes was all I needed to know what a good man and husband he was. The love he had for the rest of the family was obvious too. He and Lorin were the best sons-in-law Aunt Win and Uncle Neil could have hoped for. They were so proud to have him in the family. And he, of course, really was the best uncle ever, and anyone who tries to dispute that will be in for quite an argument from his nieces and nephews. I am so blessed that Scott was able to enrich the lives of those I love, and thus enrich mine also. My heart aches for his family. Love you.  
Thea

**Thea Ward** - December 10, 2019 at 01:16 AM

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“ Lamonte H. purchased the Lily and Rose Tribute Spray for the family of Scott R. Thompson.



**Lamonte H.** - December 04, 2019 at 10:57 AM

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“ Janet, Victor and all the family... my heartfelt sympathy at your time of loss. My hopes that all those who love you surround you with love to help ease the pain you feel right now. If there's anything I can do to help, please just let me know! Love you,  
Karen King



**Karen King** - December 04, 2019 at 09:28 AM